

| Wochentag | Halle | Zeit | | 15.10 | 22.10 | 29.10 | 5.11 | 12.11. | 19.11 | 26.11 | 3.12 | 10.12 | 17.12 | 24.12 | 7.01 | 14.01 | 21.01 | 28.01 | 4.02 | 11.02 | 18.02 | 25.02 | 4.03 | 11.03 | 18.03 | 25.03 | | |
|------------|-------------------|-------|-------|------------------------------|-------|-------|-------|--------|--------|-------|------|-------|-------|---------------|------------------------------|-------|-------|-------|------|------------------------------|-------|-------|-------|-------|-------|-------|-----|-----|
| | | von | bis | bis | | bis | bis | bis | bis | bis | bis | bis | bis | bis | bis | bis | bis | bis | bis | bis | bis | bis | bis | bis | bis | bis | bis | bis |
| | | | | 21.10 | 28.10 | 4.11 | 11.11 | 18.11 | 25.11 | 2.12 | 9.12 | 16.12 | 23.12 | 6.01 | 13.01 | 20.01 | 27.01 | 3.02 | 10.2 | 17.02 | 24.02 | 3.03 | 10.03 | 17.03 | 24.03 | 31.03 | | |
| Montag | Rubigen | 17:30 | 18:45 | Jun Dd (Rubigen - Münsingen) | | | | | | | | | | Ferien | Jun Dd (Rubigen - Münsingen) | | | | | | | | | | | | | |
| Montag | Rebacker 2 | 17:30 | 19:00 | Jun Ea / FCM | | | | | | | | | | | Jun Ea / FCM | | | | | | | | | | | | | |
| Montag | Rebacker 2 | 20:00 | 21:30 | Junioren Ba | | | | | | | | | | | U23 / FCM | | | | | Junioren Ba | | | | | | | | |
| Dienstag | Wichtrach | 17:15 | 18:30 | Jun Dc (Münsingen - Rubigen) | | | | | | | | | | | Jun Dc (Münsingen - Rubigen) | | | | | | | | | | | | | |
| Dienstag | Trimstein | 20:00 | 21:30 | Sen und Vet / FCR | | | | | | | | | | | Sen und Vet / FCR | | | | | | | | | | | | | |
| Dienstag | Rubigen | 17:30 | 18:45 | Jun F / FCR | | | | | | | | | | | Jun F / FCR | | | | | | | | | | | | | |
| Dienstag | Rubigen | 18:45 | 20:45 | Damen / FCR | | | | | | | | | | | Damen / FCR | | | | | | | | | | | | | |
| Dienstag | Rubigen | 20:45 | 22:00 | Super Vet. / FCR | | | | | | | | | | | Super Vet. / FCR | | | | | | | | | | | | | |
| Mittwoch | Schlossmatte Nord | 17:00 | 18:15 | Jun Eb / FCM | | | | | | | | | | | 1. Liga / FCM | | | | | Jun Eb / FCM | | | | | | | | |
| Mittwoch | Schlossmatte Nord | 18:15 | 19:30 | Team Aaretal U11 | | | | | | | | | | | 1. Liga / FCM | | | | | Team Aaretal U11 | | | | | | | | |
| Mittwoch | Trimstein | 17:00 | 18:30 | | | | | | | | | | | | | | | | | | | | | | | | | |
| Mittwoch | Trimstein | 18:30 | 20:00 | Senioren 40+ / FCR | | | | | | | | | | | Senioren 40+ / FCR | | | | | | | | | | | | | |
| Mittwoch | Rubigen | 17:30 | 18:45 | Fussballschule / FCR | | | | | | | | | | | Fussballschule / FCR | | | | | | | | | | | | | |
| Mittwoch | Rubigen | 18:45 | 20:00 | Jun Cb / Gruppierung | | | | | | | | | | | Jun Cb / Gruppierung | | | | | | | | | | | | | |
| Donnerstag | Schlossmatte Süd | 18:00 | 19:30 | Fussballschule / FCM | | | | | | | | | | | U23 / FCM | | | | | Fussballschule / FCM | | | | | | | | |
| Donnerstag | Trimstein | 18:00 | 19:30 | Jun Da / Gruppierung | | | | | | | | | | | Jun Da / Gruppierung | | | | | | | | | | | | | |
| Donnerstag | Trimstein | 19:30 | 21:00 | | | | | | | | | | | | 3. Liga b / FCM | | | | | | | | | | | | | |
| Donnerstag | Rubigen | 18:30 | 20:00 | 5. Liga / FCR | | | | | | | | | | | 5. Liga / FCR | | | | | | | | | | | | | |
| Donnerstag | Rubigen | 20:00 | 22:00 | 3. Liga / FCR | | | | | | | | | | | 3. Liga / FCR | | | | | | | | | | | | | |
| Freitag | Schlossmatte Nord | 18:00 | 19:30 | Jun Fc + Fd / FCM | | | | | | | | | | | Jun Fc + Fd / FCM | | | | | | | | | | | | | |
| Freitag | Schlossmatte Süd | 18:00 | 19:30 | Jun Fa+Fb / FCM | | | | | | | | | | | Jun Fa+Fb / FCM | | | | | | | | | | | | | |
| Freitag | Rebacker 2 | 17:00 | 18:30 | Junioren Ec / FCM | | | | | | | | | | | Junioren Ec / FCM | | | | | | | | | | | | | |
| Freitag | Rebacker 2 | 18:30 | 20:00 | Jun Db (Münsingen - Rubigen) | | | | | Jun Ca | | | | | | Jun Ca | | | | | Jun Db (Münsingen - Rubigen) | | | | | | | | |
| Freitag | Rebacker 2 | 20:00 | 21:30 | Jun Bb / Gruppierung | | | | | | | | | | | Jun Bb / Gruppierung | | | | | | | | | | | | | |
| Freitag | Rubigen | 16:30 | 18:00 | Jun E / FCR | | | | | | | | | | | Jun E / FCR | | | | | | | | | | | | | |
| Freitag | Rubigen | 18:00 | 19:30 | Jun B / FCR | | | | | | | | | | | Jun B / FCR | | | | | | | | | | | | | |

Stand: 20.09.2018

Ersetzt Plan vom: 1. Ausgabe V1.0 vom 20.09.2018